



Meditation Day

Join us for a meditation based on *The Prodigal Son*, led by Anne Elson. The venue is St Peter's on Saturday 11th March from 10:30-4:00 in the Davenport Room. A donation of £5 would be welcome towards refreshments and heating!! Contact Anne on 07851 756979

Anne Elson

CAFOD: The Big Walk

CAFOD's main fund raising focus this Lent is "The Big Lent Walk". We are asked to challenge ourselves and walk 200km during the 40 days to help fight global poverty. We can walk when and where we choose, alone or with friends. Sign up now by going to cafod.org.uk, and searching for "The Big Lent Walk"



During last year, CAFOD spent 87% of money raised (£49.8m) on charitable activities (£43.5m) giving grants to partner organisations

such as Caritas and working with more than 300 groups in 43 countries. The work the grants helped to fund included: preparing for, responding to and recovering from emergencies; making a living while protecting the environment; governance, accountability and transparency; capacity building; and peace and reconciliation. CAFOD have also supported teams of local experts and volunteers from partner organisations around the world to raise over £2.8m of their own funds

CAFOD is very grateful for all your support

Ann Allison

HOSANNA!

Saturday 18th March at Our Lady's Church

A story for Easter in song and mime! This is a presentation of the events of Holy Week: from the triumphal entry into Jerusalem, to the devastating crucifixion on Good Friday... with a hint of what happened next...

Would you like to join in? HOSANNA! has been written by Anne Ward and is performed in mime, with narrators telling the story. There is a part for everyone of all ages and abilities — we need you! We are particularly inviting people with intellectual disabilities to join in with us for this event. The church has disability access. If you need help with transport, do get in touch — we may be able to help.

We will rehearse and then perform HOSANNA! on the same day. So on Saturday 18th March there will be a workshop beginning at 9.30 am. We will stop for a lunch break and a final practice. At 3.00 pm the cantata will be performed to friends, families and parishioners. Our Lady's Church is at 170 Valley Road, Lillington, CV32 7SJ. There is a car park a short walk from the church.

Please get in touch to let us know you are coming or to find out more. Call Julia on 01926 735275 or email julia.fitzsimmons@gmail.com, or email Mary mcxholden@virginmedia.com.

This event has been organised by Hand in Hand, a group of adults with and without intellectual disabilities, living in the Warwick/Leamington Spa area, who meet to socialise and to pray using drama, music and sign language.

BINGO

Kindaid Bingo Night

Kindaid's Bingo Night takes place on Friday 10th March at Our Lady's Church. The hall doors will open at 6:30pm for a 7:00pm "Eyes Down". The prices will be £1.00 per book or £5.00 for six books. Refreshments are available. Everyone welcome

Sue Sugars

Pastimes

We have applied to Warwick District Council to further our wish to become a Community Warm Hub. Information about this will be available in the porch of the Church and some leaflets will be produced shortly. If you have spare time on any Tuesday, please call in for a warm welcome and a drink. There are all sorts of activities for example crafts, jigsaws and Scrabble... and there is lots of chatting!

Our appeal is also out for jumble to enhance our sale to be held on Saturday 22nd April. For those who still spring clean, we would be happy to receive the results of your hard work!

Mary Curran

LENTEN ALMS APPEALS

You will have seen gold envelopes in each church across Catholic Leamington. These are to enable you to donate to the nominated causes: **Zoë's Place** (Coventry), **Kiirua Mission** (Kenya) and supermarket **food vouchers for local families**.

There are other ways to donate that might be more convenient. JustGiving use our campaign page link: justgiving.com/campaign/spanlent23. Bank transfer: account name SPAN, bank code 40-27-06, account number 21324004; send cheques to SPAN Treasurer Michael Barker at 77 Montrose Avenue, Leamington Spa, CV32 7DS. Donations via JustGiving will be split equally between these three causes. All cheques should be made out to SPAN, so that Gift Aid can be added for these causes. If you wish to just nominate one cause, this can be done by cheque, bank transfer or gold envelopes through our churches, and writing on the transfer reference, or back of a cheque, or envelope, either **Local, Kindaid or Zoë's**

Local families are finding the cost of living very challenging! [Your generosity through past appeals has been greatly appreciated by our local families.](#) Distribution starts with the families identified by our Primary schools, the SVP, local refugee families and those nominated by parishioners. [Our aim is to give £60.00 to each family and, if funds allow, families identified through local children's centres](#)

Kiirua Mission is situated in the Rift Valley area of Kenya, offers loving care from a Christian Community for children who have been orphaned or abandoned. Funding also supports some of the older children to access secondary school and higher education. The Mission includes a hospital which, as well as offering primary care, provides local residents with a range of health education programmes

Zoë's Place

The support here is respite care. The babies at the Hospice have a life-limiting or life-threatening condition often requiring 24-hour support on a one-to-one basis. Zoë's Place offers parents and carers a chance to recharge their batteries or to spend time with their other children. The value of respite care to families cannot be underestimated, families would not be able to cope without the help and support of the team. The whole family receives support through a parent support network and sibling groups

Message of the Holy Father Pope Francis for Lent 2023, 17.02.2023

The following is the text of the Holy Father Francis's Message for Lent 2023, on the theme: "Lenten Penance **and the Synodal Journey**". (The highlights in **red** coincide with the Synodal Journey of which we are all a part)

Dear brothers and sisters!

The Gospels of Matthew, Mark and Luke all recount the episode of the Transfiguration of Jesus. There we see the Lord's response to the failure of his disciples to understand him. Shortly before, there had been a real clash between the Master and Simon Peter, who, after professing his faith in Jesus as the Christ, the Son of God, rejected his prediction of the passion and the cross. Jesus had firmly rebuked him: "Get behind me, Satan! You are a scandal to me, because you do not think according to God, but according to men!" (Mt 16:23). Following this, "six days later, Jesus took with him Peter, James and John his brother and led them away to a high mountain" (Mt 17:1)

The Gospel of the Transfiguration is proclaimed every year on the Second Sunday of Lent. During this liturgical season, the Lord takes us with him to a place apart. While our ordinary commitments compel us to remain in our usual places and our often repetitive and sometimes boring routines, during Lent we are invited to ascend "a high mountain" in the company of Jesus and to live a particular experience of spiritual discipline – *ascesis* – as God's holy people

Lenten penance is a commitment, sustained by grace, to overcoming our lack of faith and our resistance to following Jesus on the way of the cross. This is precisely what Peter and the other disciples needed to do. To deepen our knowledge of the Master, to fully understand and embrace the mystery of his salvation, accomplished in total self-giving inspired by love, we must allow ourselves to be taken aside by him and to detach ourselves from mediocrity and vanity. We need to set out on the journey, an uphill path that, like a mountain trek, requires effort, sacrifice and concentration. **These requisites are also important for the synodal journey to which, as a Church, we are committed to making. We can benefit greatly from reflecting on the relationship between Lenten penance and the synodal experience**

In his "retreat" on Mount Tabor, Jesus takes with him three disciples, chosen to be witnesses of a unique event. He wants that experience of grace to be shared, not solitary, just as our whole life of faith is an experience that is shared. For it is in togetherness that we follow Jesus. Together too, as a pilgrim Church in time, we experience the liturgical year and Lent within it, walking alongside those whom the Lord has placed among us as fellow travellers. **Like the ascent of Jesus and the disciples to Mount Tabor, we can say that our Lenten journey is "synodal", since we make it together along the same path, as disciples of the one Master.** For we know that Jesus is himself the Way, and therefore, both **in the liturgical journey and in the journey of the Synod**, the Church does nothing other than enter ever more deeply and fully into the mystery of Christ the Saviour

And so we come to its culmination. The Gospel relates that Jesus "was transfigured before them; his face shone like the sun and his clothes became white as light" (Mt 17:2). This is the "summit", the goal of the journey. At the end of their ascent, as they stand on the mountain heights with Jesus, the three disciples are given the grace of seeing him in his glory, resplendent in supernatural light. That light did not come from without, but radiated from the Lord himself. The divine beauty of this vision was incomparably greater than all the efforts the disciples had made in the ascent of Tabor. During any strenuous mountain trek, we must keep our eyes firmly fixed on the path; yet the panorama that opens up at the end amazes us and rewards us by its grandeur. **So too, the synodal process may often seem arduous, and at times we may become discouraged. Yet what awaits us at the end is undoubtedly something wondrous and amazing, which will help us to understand better God's will and our mission in the service of his kingdom**

The disciples' experience on Mount Tabor was further enriched when, alongside the transfigured Jesus, Moses and Elijah appeared, signifying respectively the Law and the Prophets (cf. *Mt 17:3*). The newness of Christ is at the same time the fulfilment of the ancient covenant and promises; it is inseparable from God's history with his people and discloses its deeper meaning. **In a similar way, the synodal journey is rooted in the Church's tradition and at the same time open to newness.** Tradition is a source of inspiration for seeking new paths and for avoiding the opposed temptations of immobility and improvised experimentation

The Lenten journey of penance and the journey of the Synod alike have as their goal a transfiguration, both personal and ecclesial. A transformation that, in both cases, has its model in the Transfiguration of Jesus and is achieved by the grace of his paschal mystery. So that this transfiguration may become a reality in us this year, I would like to propose two "paths" to follow in order to ascend the mountain together with Jesus and, with him, to attain the goal

The first path has to do with the command that God the Father addresses to the disciples on Mount Tabor as they contemplate Jesus transfigured. The voice from the cloud says: "Listen to him" (*Mt 17:5*). The first proposal, then, is very clear: we need to listen to Jesus. Lent is a time of grace to the extent that we listen to him as he speaks to us. And how does he speak to us? First, in the word of God, which the Church offers us in the liturgy. May that word not fall on deaf ears; if we cannot always attend Mass, let us study its daily biblical readings, even with the help of the internet. In addition to the Scriptures, the Lord speaks to us through our brothers and sisters, especially in the faces and the stories of those who are in need. **Let me say something else, which is quite important for the synodal process: listening to Christ often takes place in listening to our brothers and sisters in the Church. Such mutual listening in some phases is the primary goal, but it remains always indispensable in the method and style of a synodal Church**

On hearing the Father's voice, the disciples "fell prostrate and were very much afraid. But Jesus came and touched them, saying, 'Rise, and do not be afraid.' And when the disciples raised their eyes, they saw no one else but Jesus alone" (*Mt 17:6-8*). Here is the second proposal for this Lent: do not take refuge in a religiosity made up of extraordinary events and dramatic experiences, out of fear of facing reality and its daily struggles, its hardships and contradictions. The light that Jesus shows the disciples is an anticipation of Easter glory, and that must be the goal of our own journey, as we follow "him alone". Lent leads to Easter: the "retreat" is not an end in itself, but a means of preparing us to experience the Lord's passion and cross with faith, hope and love, and thus to arrive at the resurrection. **Also on the synodal journey, when God gives us the grace of certain powerful experiences of communion, we should not imagine that we have arrived – for there too, the Lord repeats to us: "Rise, and do not be afraid". Let us go down, then, to the plain, and may the grace we have experienced strengthen us to be "artisans of synodality" in the ordinary life of our communities**

Dear brothers and sisters, may the Holy Spirit inspire and sustain us this Lent in our ascent with Jesus, so that we may experience his divine splendour and thus, confirmed in faith, persevere in our journey together with him, glory of his people and light of the nations

Rome, Saint John Lateran, 25 January, Feast of the Conversion of Saint Paul FRANCIS

Find out more about the synodal journey in Catholic Leamington through www.catholicleamington.org.uk/synod or email synodleamington@gmail.com

EXTRA is primarily for information that we do not have room for in the weekly newsletter. But we can only publish what you send in; please send notices in Microsoft Word to catholicleamington.extra@gmail.com by 31 March for the April edition

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